

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 10

| सोमवार Monday | मंगलवार Tuesday | बुधवार Wednesday | बृहस्पतिवार Thursday | शुक्रवार Friday | शनिवार Saturday | रविवार Sunday |
|-------------------|--------------------|---------------------|-------------------------|--------------------|--------------------|-------------------|
| हिन्दी | हिन्दी | हिन्दी | हिन्दी | संस्कृत | संस्कृत | اردو (उर्दू) |
| भूगोल | भूगोल | इतिहास | इतिहास | राजनीति विज्ञान | राजनीति विज्ञान | अर्थशास्त्र |
| विज्ञान | विज्ञान | गणित | गणित | गणित | गणित | विज्ञान |
| English | English | English | English | Geography | Geography | Economics |
| Mathematics | Mathematics | History | History | Mathematics | Mathematics | Political Science |
| Political Science | Political Science | Science | Science | Science | Science | General |

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:
https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 10

सितम्बर 2023

September 2023

| विषय Subject | कार्यक्रम का शीर्षक Program Title | माध्यम Medium | प्रसारण समय Telecast Time |
|--|---|------------------|---|
| शुक्रवार, 01 सितंबर 2023 Friday, 01 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 1 | Sanskrit | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Classical(Boy):Bihar | Regional | 12:23 AM 03:23 AM 06:23 AM 09:23 AM 12:23 PM 03:23 PM 06:23 PM 09:23 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1 | Hindi | 12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:30 PM 09:30 PM |
| General English | Episode 5 Giving Advice 1 | English | 12:59 AM 03:59 AM 06:59 AM 09:59 AM 12:59 PM 03:59 PM 06:59 PM 09:59 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-1 | Hindi | 01:12 AM 04:12 AM 07:12 AM 10:12 AM 01:12 PM 04:12 PM 07:12 PM 10:13 PM |



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Dish TV Channel #2031

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| Social Science (Geography) | So. Sci. (Geo): Chap 3: Water Resources-1 | English | 01:40 AM 04:40 AM 07:40 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM |
| Flood | Flood - बाढ़ के दौरान क्या करें और क्या न करें | Hindi | 01:56 AM 04:56 AM 07:56 AM 10:56 AM 01:56 PM 04:56 PM 07:57 PM 10:57 PM |
| Mathematics | Maths: Chap 11: Constructions-1 | English | 01:57 AM 04:57 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM |
| सामान्य | पवन मुक्तासन | हिन्दी | 02:32 AM 05:32 AM 08:32 AM 11:32 AM 02:32 PM 05:33 PM 08:33 PM 11:33 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM |
| शनिवार, 02 सितंबर 2023 Saturday, 02 September 2023 | | | |
| General | Single Use Plastic | हिन्दी | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 1 | Sanskrit | 12:02 AM 03:03 AM 06:03 AM 09:04 AM 12:04 PM 03:04 PM 06:05 PM 09:05 PM |



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| General | Emotional Well Being and Mental Health (E) | English | 12:24 AM 03:25 AM 06:25 AM 09:25 AM 12:26 PM 03:26 PM 06:27 PM 09:27 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1 | Hindi | 12:29 AM 03:30 AM 06:30 AM 09:30 AM 12:31 PM 03:31 PM 06:31 PM 09:32 PM |
| Social science | Understanding our architectural heritage (Bibi ka Maqbara) | English | 12:44 AM 03:45 AM 06:45 AM 09:45 AM 12:46 PM 03:46 PM 06:46 PM 09:47 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-1 | Hindi | 12:58 AM 03:59 AM 06:59 AM 09:59 AM 01:00 PM 04:00 PM 07:00 PM 10:01 PM |
| Cyclone | Cyclone - Secure your house | English | 01:23 AM 04:24 AM 07:24 AM 10:25 AM 01:25 PM 04:25 PM 07:26 PM 10:26 PM |
| Social Science (Geography) | So. Sci. (Geo): Chap 3: Water Resources-1 | English | 01:24 AM 04:25 AM 07:25 AM 10:26 AM 01:26 PM 04:26 PM 07:27 PM 10:27 PM |
| Mathematics | Maths: Chap 11: Constructions-1 | English | 01:53 AM 04:54 AM 07:54 AM 10:54 AM 01:55 PM 04:55 PM 07:55 PM 10:56 PM |
| General | जेंडर समानता | Hindi | 02:28 AM 05:29 AM 08:29 AM 11:29 AM 02:30 PM |



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| | | | 05:30 PM 08:30 PM 11:31 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:36 AM 05:36 AM 08:36 AM 11:37 AM 02:37 PM 05:37 PM 08:38 PM 11:38 PM |
| रविवार, 03 सितंबर 2023 Sunday, 03 September 2023 | | | |
| सामान्य | मंदिरों की माला भुवनेश्वर | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| Language (Urdu) | Urdu: Chp-1: Bhola | Urdu | 12:28 AM 03:29 AM 06:29 AM 09:30 AM 12:30 PM 03:31 PM 06:32 PM 09:32 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञान.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार | Hindi | 12:57 AM 03:57 AM 06:58 AM 09:59 AM 12:59 PM 04:00 PM 07:01 PM 10:01 PM |
| General English | Episode 5 Giving Advice 1 | English | 01:15 AM 04:15 AM 07:16 AM 10:17 AM 01:17 PM 04:18 PM 07:19 PM 10:19 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार | Hindi | 01:28 AM 04:29 AM 07:30 AM 10:30 AM 01:31 PM 04:31 PM 07:32 PM 10:33 PM |

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| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Music – Indigenous Toys and Games(Girl):Kerala | Regional | 01:55 AM 04:55 AM 07:56 AM 10:57 AM 01:57 PM 04:58 PM 07:58 PM 10:59 PM |
| Social Science (Economics) | Chapter 5: Consumer Rights-1 | English | 02:04 AM 05:04 AM 08:05 AM 11:06 AM 02:06 PM 05:07 PM 08:07 PM 11:08 PM |
| General | I will bring Glory to my Nation | English | 02:25 AM 05:26 AM 08:26 AM 11:27 AM 02:28 PM 05:28 PM 08:29 PM 11:29 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1 | English | 02:40 AM 05:41 AM 08:42 AM 11:42 AM 02:43 PM 05:44 PM 08:44 PM 11:45 PM |
| सोमवार, 04 सितंबर 2023 Monday, 04 September 2023 | | | |
| हिंदी | हिंदी : पाठ-14: मन्नु भंडारी: एक कहानी यह भी-1 | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM |
| General English | Episode 6 Giving Advice 2 | English | 12:33 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:38 PM 09:39 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन भाग-1 | Hindi | 12:46 AM 03:46 AM 06:47 AM 09:48 AM 12:49 PM 03:50 PM 06:51 PM 09:52 PM |



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| General(Science) | Jumping disc | English | 01:05 AM 04:06 AM 07:07 AM 10:08 AM 01:09 PM 04:10 PM 07:11 PM 10:11 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार | Hindi | 01:07 AM 04:08 AM 07:09 AM 10:09 AM 01:10 PM 04:11 PM 07:12 PM 10:13 PM |
| General | Dhyana | English | 01:33 AM 04:34 AM 07:35 AM 10:36 AM 01:37 PM 04:38 PM 07:38 PM 10:39 PM |
| Language (English) | English: Chapter 11: The Proposal | English | 01:37 AM 04:38 AM 07:39 AM 10:40 AM 01:41 PM 04:42 PM 07:43 PM 10:43 PM |
| Cyclone | Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा | Hindi | 02:04 AM 05:05 AM 08:06 AM 11:07 AM 02:08 PM 05:09 PM 08:09 PM 11:10 PM |
| Mathematics | Maths: Chap 11: Constructions-1 | English | 02:05 AM 05:06 AM 08:07 AM 11:08 AM 02:09 PM 05:09 PM 08:10 PM 11:11 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 02:40 AM 05:41 AM 08:42 AM 11:43 AM 02:43 PM 05:44 PM 08:45 PM 11:46 PM |



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| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1 | English | 02:41 AM 05:41 AM 08:42 AM 11:43 AM 02:44 PM 05:45 PM 08:46 PM 11:47 PM |
| मंगलवार, 05 सितंबर 2023 Tuesday, 05 September 2023 | | | |
| हिंदी | हिंदी : पाठ-14: मन्नु भंडारी: एक कहानी यह भी-1 | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Traditional Folk(Boy):Maharashtra | Regional | 12:26 AM 03:26 AM 06:27 AM 09:27 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन भाग-2 | Hindi | 12:32 AM 03:32 AM 06:32 AM 09:33 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM |
| सामान्य | India-Pavilion-at-COP27- Mission | हिन्दी | 12:57 AM 03:57 AM 06:57 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:59 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार-1 | Hindi | 01:00 AM 04:00 AM 07:00 AM 10:00 AM 01:01 PM 04:01 PM 07:01 PM 10:02 PM |
| General | Single Use Plastic | हिन्दी | 01:20 AM 04:21 AM 07:21 AM 10:21 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM |



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| Language (English) | English: Chapter 11: The Proposal | English | 01:22 AM 04:22 AM 07:23 AM 10:23 AM 01:23 PM 04:24 PM 07:24 PM 10:24 PM |
| Earthquake | Earthquake - भूकंप के दौरान क्या करना चाहिए | Hindi | 01:49 AM 04:49 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:51 PM 10:51 PM |
| Mathematics | Maths: Chap 11: Constructions-1 | English | 01:50 AM 04:50 AM 07:50 AM 10:51 AM 01:51 PM 04:51 PM 07:51 PM 10:52 PM |
| General | Innovative Teacher | Hindi | 02:25 AM 05:25 AM 08:25 AM 11:25 AM 02:26 PM 05:26 PM 08:26 PM 11:27 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1 | English | 02:40 AM 05:40 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:42 PM 11:42 PM |
| बुधवार, 06 सितंबर 2023 Wednesday, 06 September 2023 | | | |
| हिंदी | हिंदी : पाठ-14: मञ्जु भंडारी: एक कहानी यह भी-2 | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM |
| General | भावनात्मक कल्याण एवं मानसिक स्वास्थ्य | Hindi | 12:28 AM 03:29 AM 06:29 AM 09:30 AM 12:31 PM 03:31 PM 06:32 PM 09:33 PM |



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| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1 | Hindi | 12:33 AM 03:33 AM 06:34 AM 09:35 AM 12:36 PM 03:36 PM 06:37 PM 09:38 PM |
| General English | Episode 7 Making Requests 1 | English | 12:55 AM 03:56 AM 06:56 AM 09:57 AM 12:58 PM 03:58 PM 06:59 PM 10:00 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-1 | Hindi | 01:06 AM 04:07 AM 07:07 AM 10:08 AM 01:09 PM 04:10 PM 07:10 PM 10:11 PM |
| General | Reproductive Health and HIV Prevention | English | 01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:34 PM 04:35 PM 07:35 PM 10:36 PM |
| Language (English) | English: Chapter 11: The Proposal | English | 01:37 AM 04:37 AM 07:38 AM 10:39 AM 01:39 PM 04:40 PM 07:41 PM 10:42 PM |
| Social Science (History) | So. Sci. (His): Chp 5: Print Culture and the Modern World- 1 | English | 02:03 AM 05:04 AM 08:05 AM 11:06 AM 02:06 PM 05:07 PM 08:08 PM 11:08 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:32 AM 05:33 AM 08:33 AM 11:34 AM 02:35 PM 05:35 PM 08:36 PM 11:37 PM |



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| General | Dhyana | English | 02:56 AM 05:57 AM 08:58 AM 11:58 AM 02:59 PM 06:00 PM 09:00 PM |
| बृहस्पतिवार, 07 सितंबर 2023 Thursday, 07 September 2023 | | | |
| हिंदी | हिंदी : पाठ-14: मन्नु भंडारी: एक कहानी यह भी-2 | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1 | Hindi | 12:34 AM 03:35 AM 06:35 AM 09:36 AM 12:37 PM 03:37 PM 06:38 PM 09:38 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-1 | Hindi | 12:57 AM 03:57 AM 06:58 AM 09:59 AM 12:59 PM 04:00 PM 07:00 PM 10:01 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 01:22 AM 04:22 AM 07:23 AM 10:24 AM 01:24 PM 04:25 PM 07:26 PM 10:26 PM |
| Language (English) | English: Chapter 11: The Proposal | English | 01:22 AM 04:23 AM 07:23 AM 10:24 AM 01:25 PM 04:25 PM 07:26 PM 10:27 PM |
| General | Bhadrasana | English | 01:49 AM 04:50 AM 07:50 AM 10:51 AM 01:52 PM 04:52 PM 07:53 PM 10:54 PM |



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| Social Science (History) | So. Sci. (His): Chp 5: Print Culture and the Modern World- 1 | English | 01:51 AM 04:52 AM 07:53 AM 10:53 AM 01:54 PM 04:55 PM 07:55 PM 10:56 PM |
| Travel | Rangsapara | English | 02:14 AM 05:15 AM 08:15 AM 11:16 AM 02:17 PM 05:17 PM 08:18 PM 11:18 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:40 PM |
| शुक्रवार, 08 सितंबर 2023 Friday, 08 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 1 | Sanskrit | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1 | Hindi | 12:25 AM 03:26 AM 06:26 AM 09:27 AM 12:27 PM 03:28 PM 06:28 PM 09:29 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Classical(Girl): Maharashtra | Regional | 12:40 AM 03:40 AM 06:41 AM 09:42 AM 12:42 PM 03:43 PM 06:43 PM 09:44 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-2 | Hindi | 12:48 AM 03:49 AM 06:49 AM 09:50 AM 12:50 PM 03:51 PM 06:51 PM 09:52 PM |



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| Earthquake | Earthquake - भूकंप के दौरान क्या करना चाहिए | Hindi | 01:16 AM 04:17 AM 07:17 AM 10:18 AM 01:18 PM 04:19 PM 07:20 PM 10:20 PM |
| Social Science (Geography) | So. Sci. (Geo): Chap 3: Water Resources-2 | English | 01:17 AM 04:17 AM 07:18 AM 10:18 AM 01:19 PM 04:20 PM 07:20 PM 10:21 PM |
| Travel | Emnittum Kanthaloore | Malayalam | 01:30 AM 04:30 AM 07:31 AM 10:31 AM 01:32 PM 04:32 PM 07:33 PM 10:34 PM |
| Mathematics | Maths: Chap 11: Constructions-2 | English | 01:58 AM 04:58 AM 07:59 AM 10:59 AM 02:00 PM 05:00 PM 08:01 PM 11:02 PM |
| Cultural Heritage: Art, Music & Dance | Rock Garden | Hindi | 02:19 AM 05:20 AM 08:20 AM 11:21 AM 02:22 PM 05:22 PM 08:23 PM 11:23 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:31 AM 05:31 AM 08:32 AM 11:32 AM 02:33 PM 05:33 PM 08:34 PM 11:34 PM |
| शनिवार, 09 सितंबर 2023 Saturday, 09 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 1 | Sanskrit | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM |



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| Travel | Emnittum Kanthaloore | Malayalam | 12:30 AM 03:30 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-4: जाति; धर्म और लैंगिक मसले -1 | Hindi | 12:58 AM 03:58 AM 06:58 AM 09:59 AM 12:59 PM 04:00 PM 07:00 PM 10:01 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Vocal Music- Classical(Boy):Bihar | Regional | 01:12 AM 04:13 AM 07:13 AM 10:14 AM 01:14 PM 04:15 PM 07:15 PM 10:16 PM |
| गणित | गणित : पाठ-12: वृत्तों से संबंधित क्षेत्रफल-2 | Hindi | 01:19 AM 04:20 AM 07:20 AM 10:21 AM 01:21 PM 04:22 PM 07:22 PM 10:22 PM |
| Earthquake | Earthquake - Drop, Cover, Hold technique | English | 01:47 AM 04:48 AM 07:48 AM 10:49 AM 01:49 PM 04:50 PM 07:50 PM 10:51 PM |
| Social Science (Geography) | So. Sci. (Geo): Chap 3: Water Resources-2 | English | 01:49 AM 04:49 AM 07:50 AM 10:50 AM 01:51 PM 04:51 PM 07:52 PM 10:52 PM |
| Mathematics | Maths: Chap 11: Constructions-2 | English | 02:07 AM 05:07 AM 08:08 AM 11:08 AM 02:09 PM 05:09 PM 08:10 PM 11:10 PM |
| General | Story of Theatre - Basics of Theatre | English | 02:29 AM 05:29 AM 08:29 AM 11:30 AM 02:30 PM |



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| | | | 05:31 PM 08:31 PM 11:32 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:36 AM 05:36 AM 08:37 AM 11:37 AM 02:38 PM 05:38 PM 08:39 PM 11:39 PM |
| रविवार, 10 सितंबर 2023 Sunday, 10 September 2023 | | | |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music Traditional-Folk(Girl):Assam | Regional | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| Language (Urdu) | Urdu: Chp-1: Bhola | Urdu | 12:05 AM 03:05 AM 06:05 AM 09:06 AM 12:06 PM 03:06 PM 06:06 PM 09:06 PM |
| Health, Physical Education/Yoga/ Sports | Kabaddi | Hindi | 12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञान.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार | Hindi | 12:52 AM 03:52 AM 06:52 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:52 PM |
| General | Health And Sanitaion (E) | English | 01:10 AM 04:10 AM 07:10 AM 10:10 AM 01:10 PM 04:10 PM 07:10 PM 10:10 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार-1 | Hindi | 01:16 AM 04:16 AM 07:16 AM 10:16 AM 01:17 PM |



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| | | | 04:17 PM 07:17 PM 10:17 PM |
| Social Science (Economics) | S.Sc. (Eco): Chp 5: Consumer Rights-2 | English | 01:58 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM |
| Health, Physical Education/Yoga/ Sports | Yoga Trikonaasan | Hindi | 02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:21 PM 05:21 PM 08:21 PM 11:21 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2 | English | 02:37 AM 05:37 AM 08:38 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM |
| सोमवार, 11 सितंबर 2023 Monday, 11 September 2023 | | | |
| हिंदी | हिंदी : पाठ-14: मन्नु भंडारी: एक कहानी यह भी | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM |
| General | Emotional well being and mental health | English | 12:32 AM 03:33 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:38 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन | Hindi | 12:37 AM 03:37 AM 06:38 AM 09:39 AM 12:40 PM 03:41 PM 06:42 PM 09:43 PM |
| Avalanche | हिमस्खलन के संकेत | Hindi | 01:02 AM 04:03 AM 07:03 AM 10:04 AM 01:05 PM |



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| | | | 04:06 PM 07:07 PM 10:08 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार-2 | Hindi | 01:03 AM 04:04 AM 07:05 AM 10:06 AM 01:07 PM 04:08 PM 07:09 PM 10:09 PM |
| General English | Episode 7 Making Requests 1 | English | 01:20 AM 04:21 AM 07:21 AM 10:22 AM 01:23 PM 04:24 PM 07:25 PM 10:26 PM |
| Language (English) | English: Chapter 11: Discussion on the theme of the Play 'The Proposal' | English | 01:31 AM 04:32 AM 07:33 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:37 PM |
| सामान्य | ध्यान | हिन्दी | 02:03 AM 05:04 AM 08:05 AM 11:06 AM 02:07 PM 05:08 PM 08:09 PM 11:09 PM |
| Mathematics | Maths: Chap 11: Constructions-1 | English | 02:08 AM 05:08 AM 08:09 AM 11:10 AM 02:11 PM 05:12 PM 08:13 PM 11:13 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Classical(Girl): Maharashtra | Regional | 02:30 AM 05:31 AM 08:32 AM 11:33 AM 02:33 PM 05:34 PM 08:35 PM 11:36 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2 | English | 02:38 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:42 PM 08:43 PM 11:44 PM |



मंगलवार, 12 सितंबर 2023
Tuesday, 12 September 2023

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| हिंदी | हिंदी : पाठ-14: मन्नु भंडारी: एक कहानी यह भी | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन | Hindi | 12:32 AM 03:32 AM 06:33 AM 09:33 AM 12:33 PM 03:34 PM 06:34 PM 09:35 PM |
| General | Emotional Well Being and Mental Health (E) | English | 12:57 AM 03:57 AM 06:58 AM 09:58 AM 12:58 PM 03:59 PM 06:59 PM 10:00 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार-2 | Hindi | 01:02 AM 04:02 AM 07:03 AM 10:03 AM 01:03 PM 04:04 PM 07:04 PM 10:05 PM |
| General | Ustrasana | English | 01:18 AM 04:18 AM 07:19 AM 10:19 AM 01:20 PM 04:20 PM 07:21 PM 10:21 PM |
| Language (English) | English: Chapter 11: Discussion on the theme of the Play 'The Proposal' | English | 01:21 AM 04:21 AM 07:22 AM 10:22 AM 01:23 PM 04:23 PM 07:23 PM 10:24 PM |
| Health, Physical Education/Yoga/Sports | Daud | Hindi | 01:54 AM 04:54 AM 07:54 AM 10:55 AM 01:55 PM 04:56 PM 07:56 PM 10:56 PM |



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| Mathematics | Maths: Chap 11: Constructions-1 | English | 02:14 AM 05:14 AM 08:15 AM 11:15 AM 02:16 PM 05:16 PM 08:17 PM 11:17 PM |
| General(Science) | Camouflage | English | 02:37 AM 05:37 AM 08:37 AM 11:38 AM 02:38 PM 05:39 PM 08:39 PM 11:39 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2 | English | 02:38 AM 05:38 AM 08:39 AM 11:39 AM 02:39 PM 05:40 PM 08:40 PM 11:41 PM |
| बुधवार, 13 सितंबर 2023 Wednesday, 13 September 2023 | | | |
| हिंदी | हिंदी : पाठ-4: तीसरी कसम के शिल्पकार शैलेन्द्र: प्रलाद अग्रवाल | Hindi | 12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM |
| General English | Episode 8 Making Requests 2 | English | 12:27 AM 03:28 AM 06:29 AM 09:30 AM 12:31 PM 03:33 PM 06:34 PM 09:35 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2 | Hindi | 12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:39 PM 03:40 PM 06:42 PM 09:43 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-3 | Hindi | 01:02 AM 04:03 AM 07:04 AM 10:06 AM 01:07 PM 04:08 PM 07:09 PM 10:10 PM |



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| Avalanche | यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाए अपनाएँ | Hindi | 01:26 AM 04:27 AM 07:28 AM 10:29 AM 01:30 PM 04:32 PM 07:33 PM 10:34 PM |
| Language (English) | English: Chapter 11: Discussion on the theme of the Play 'The Proposal' | English | 01:28 AM 04:29 AM 07:30 AM 10:31 AM 01:32 PM 04:33 PM 07:35 PM 10:36 PM |
| सामान्य | Healthy Lifestyle Adopted | हिन्दी | 02:00 AM 05:01 AM 08:03 AM 11:04 AM 02:05 PM 05:06 PM 08:07 PM 11:08 PM |
| Social Science (History) | So. Sci. (His):Chp 5: Print Culture and the Modern World- 2 | English | 02:01 AM 05:02 AM 08:03 AM 11:04 AM 02:05 PM 05:06 PM 08:08 PM 11:09 PM |
| General English | Episode 9 Agreeing 1 | English | 02:25 AM 05:26 AM 08:28 AM 11:29 AM 02:30 PM 05:31 PM 08:32 PM 11:33 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:36 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM |
| बृहस्पतिवार, 14 सितंबर 2023 Thursday, 14 September 2023 | | | |
| हिंदी | हिंदी : पाठ-4: तीसरी कसम के शिल्पकार शैलेन्द्र: प्रलाद अग्रवाल | Hindi | 12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM |



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| General(Science) | Colour Shadow | English | 12:20 AM 03:21 AM 06:22 AM 09:23 AM 12:24 PM 03:25 PM 06:26 PM 09:27 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2 | Hindi | 12:22 AM 03:23 AM 06:24 AM 09:25 AM 12:26 PM 03:27 PM 06:28 PM 09:29 PM |
| Cyclone | Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा | Hindi | 12:47 AM 03:48 AM 06:49 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:54 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-3 | Hindi | 12:48 AM 03:49 AM 06:50 AM 09:51 AM 12:52 PM 03:53 PM 06:54 PM 09:55 PM |
| Language (English) | English: Chapter 11: Discussion on the theme of the Play 'The Proposal' | English | 01:11 AM 04:12 AM 07:13 AM 10:14 AM 01:15 PM 04:16 PM 07:17 PM 10:18 PM |
| सामान्य | Bhook | Marathi | 01:44 AM 04:45 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:51 PM |
| Social Science (History) | So. Sci. (His):Chp 5: Print Culture and the Modern World-2 | English | 01:55 AM 04:56 AM 07:57 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM |
| सामान्य | हिंदी शब्दकोष | Hindi | 02:19 AM 05:20 AM 08:21 AM 11:22 AM 02:23 PM |

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| | | | 05:24 PM 08:25 PM 11:26 PM |
| Science | Science: Chap 11: The Human Eye and the Colourful World | English | 02:36 AM 05:37 AM 08:38 AM 11:39 AM 02:40 PM 05:41 PM 08:42 PM 11:43 PM |
| शुक्रवार, 15 सितंबर 2023 Friday, 15 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 2 | Sanskrit | 12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Vocal Music- Classical(Girl): Karnataka | Regional | 12:24 AM 03:25 AM 06:27 AM 09:28 AM 12:29 PM 03:30 PM 06:31 PM 09:32 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2 | Hindi | 12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:36 PM 06:37 PM 09:38 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Visual Arts- 3D(Girl):Mizoram | Regional | 12:47 AM 03:48 AM 06:49 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:54 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-3 | Hindi | 12:51 AM 03:52 AM 06:53 AM 09:54 AM 12:55 PM 03:56 PM 06:57 PM 09:58 PM |
| सामान्य | सीखने की राह पर | Hindi | 01:14 AM 04:15 AM 07:17 AM 10:18 AM 01:19 PM |



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| | | | 04:20 PM 07:21 PM 10:22 PM |
| Social Science (Geography) | S. Sc. (Geo): Chp 3: Water Resources | English | 01:38 AM 04:39 AM 07:40 AM 10:41 AM 01:42 PM 04:43 PM 07:44 PM 10:46 PM |
| Mathematics | Maths: Chap 11: Constructions-2 | English | 02:07 AM 05:08 AM 08:09 AM 11:10 AM 02:12 PM 05:13 PM 08:14 PM 11:15 PM |
| सामान्य | सीखने की राह पर | Hindi | 02:26 AM 05:27 AM 08:28 AM 11:29 AM 02:30 PM 05:31 PM 08:32 PM 11:33 PM |
| Science | Science: Model of Eye | English | 02:49 AM 05:50 AM 08:51 AM 11:52 AM 02:53 PM 05:55 PM 08:56 PM 11:57 PM |
| Science | Science: Refractive Disapperance | English | 02:51 AM 05:52 AM 08:53 AM 11:54 AM 02:56 PM 05:57 PM 08:58 PM 11:59 PM |
| Science | Science: Invisible Glass | English | 02:54 AM 05:55 AM 08:56 AM 11:58 AM 02:59 PM 06:00 PM 09:01 PM |
| Science | Science: Cool Colours | English | 02:57 AM 05:58 AM 08:59 AM 12:00 PM 03:01 PM 06:02 PM 09:03 PM |



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| Science | Science: Total Internal Reflection | English | 02:59 AM 06:00 AM 09:01 AM 12:02 PM 03:03 PM 06:05 PM 09:06 PM |
| शनिवार, 16 सितंबर 2023 Saturday, 16 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 2 | Sanskrit | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM |
| Cultural Heritage: Art, Music & Dance | Tie and Dye | Hindi | 12:24 AM 03:25 AM 06:26 AM 09:27 AM 12:28 PM 03:29 PM 06:30 PM 09:31 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2 | Hindi | 12:50 AM 03:51 AM 06:52 AM 09:53 AM 12:54 PM 03:55 PM 06:56 PM 09:57 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-3 | Hindi | 01:12 AM 04:13 AM 07:14 AM 10:15 AM 01:16 PM 04:17 PM 07:18 PM 10:19 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim | Regional | 01:36 AM 04:37 AM 07:38 AM 10:39 AM 01:40 PM 04:41 PM 07:42 PM 10:43 PM |
| Social Science (Geography) | So. Sci. (Geo): Chp 4: Agriculture -1 | English | 01:39 AM 04:40 AM 07:41 AM 10:42 AM 01:43 PM 04:44 PM 07:45 PM 10:46 PM |



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| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 01:55 AM 04:56 AM 07:57 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM |
| Mathematics | Maths: Chap 11: Constructions-2 | English | 02:24 AM 05:25 AM 08:26 AM 11:27 AM 02:28 PM 05:29 PM 08:30 PM 11:31 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Music – Instrumental Competition: Girls: Jharkhand | Regional | 02:42 AM 05:43 AM 08:44 AM 11:45 AM 02:46 PM 05:47 PM 08:48 PM 11:49 PM |
| Science | Science: Model of Eye | English | 02:49 AM 05:50 AM 08:51 AM 11:52 AM 02:53 PM 05:54 PM 08:55 PM 11:56 PM |
| Science | Science: Refractive Disapperance | English | 02:51 AM 05:52 AM 08:53 AM 11:54 AM 02:55 PM 05:56 PM 08:57 PM 11:58 PM |
| Science | Science: Invisible Glass | English | 02:54 AM 05:55 AM 08:56 AM 11:57 AM 02:58 PM 05:59 PM 09:00 PM |
| Science | Science: Cool Colours | English | 02:57 AM 05:57 AM 08:58 AM 11:59 AM 03:00 PM 06:01 PM 09:02 PM |
| Science | Science: Total Internal Reflection | English | 02:59 AM 06:00 AM 09:01 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM |



रविवार, 17 सितंबर 2023
Sunday, 17 September 2023

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| Language (Urdu) | Urdu: Chp-2: Naya Qanun | Urdu | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM |
| Health, Physical Education/Yoga/Sports | Daud | Hindi | 12:34 AM 03:34 AM 06:34 AM 09:35 AM 12:35 PM 03:36 PM 06:36 PM 09:36 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञान.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार | Hindi | 12:54 AM 03:55 AM 06:55 AM 09:55 AM 12:56 PM 03:56 PM 06:57 PM 09:57 PM |
| विज्ञान | विज्ञान: पाठ-11: मानव नेत्र तथा रंगबिरंगा संसार-3 | Hindi | 01:29 AM 04:30 AM 07:30 AM 10:31 AM 01:31 PM 04:31 PM 07:32 PM 10:32 PM |
| सामान्य | पवन मुक्तासन | हिन्दी | 01:45 AM 04:45 AM 07:46 AM 10:46 AM 01:46 PM 04:47 PM 07:47 PM 10:48 PM |
| Social Science (Economics) | S.Sc. (Eco): Chp 5: Consumer Rights-3 | English | 01:48 AM 04:48 AM 07:49 AM 10:49 AM 01:50 PM 04:50 PM 07:50 PM 10:51 PM |
| Cultural Heritage: Art, Music & Dance | Kavadiyattam : Dance of India (People of India) | English | 02:07 AM 05:08 AM 08:08 AM 11:09 AM 02:09 PM 05:09 PM 08:10 PM 11:10 PM |



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| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3 | English | 02:27 AM 05:27 AM 08:28 AM 11:28 AM 02:28 PM 05:29 PM 08:29 PM 11:30 PM |
| सोमवार, 18 सितंबर 2023 Monday, 18 September 2023 | | | |
| General | Single Use Plastic | हिन्दी | 12:00 AM 02:39 AM 05:18 AM 07:57 AM 10:37 AM 01:16 PM 03:55 PM 06:34 PM 09:14 PM 11:53 PM |
| हिंदी | हिंदी : पाठ-16: यतींद्र मिश्र: नौबतखाने में इबादत-1 | Hindi | 12:02 AM 02:42 AM 05:21 AM 08:00 AM 10:39 AM 01:19 PM 03:58 PM 06:37 PM 09:16 PM 11:56 PM |
| Cyber Security | Whats App security Tips | Hindi | 12:23 AM 03:02 AM 05:41 AM 08:20 AM 11:00 AM 01:39 PM 04:18 PM 06:57 PM 09:37 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1 | Hindi | 12:25 AM 03:04 AM 05:43 AM 08:22 AM 11:02 AM 01:41 PM 04:20 PM 06:59 PM 09:39 PM |
| विज्ञान | विज्ञान: पाठ-12: विद्युत | Hindi | 12:46 AM 03:25 AM 06:05 AM 08:44 AM 11:23 AM 02:02 PM 04:42 PM 07:21 PM 10:00 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:15 AM 03:54 AM 06:33 AM 09:13 AM 11:52 AM 02:31 PM 05:10 PM 07:50 PM 10:29 PM |

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| Mathematics | Maths: Chap 12: Area related to Circles-1 | English | 01:53 AM 04:33 AM 07:12 AM 09:51 AM 12:30 PM 03:10 PM 05:49 PM 08:28 PM 11:07 PM |
| सामान्य | Bhook | Marathi | 02:07 AM 04:46 AM 07:26 AM 10:05 AM 12:44 PM 03:23 PM 06:03 PM 08:42 PM 11:21 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3 | English | 02:18 AM 04:57 AM 07:36 AM 10:16 AM 12:55 PM 03:34 PM 06:13 PM 08:53 PM 11:32 PM |
| मंगलवार, 19 सितंबर 2023 Tuesday, 19 September 2023 | | | |
| हिंदी | हिंदी : पाठ-16: यतींद्र मिश्र: नौबतखाने में इबादत-2 | Hindi | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM |
| Cyber Security | Whats App security Tips | Hindi | 12:22 AM 03:22 AM 06:23 AM 09:23 AM 12:24 PM 03:24 PM 06:25 PM 09:25 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2 | Hindi | 12:24 AM 03:24 AM 06:25 AM 09:25 AM 12:26 PM 03:26 PM 06:27 PM 09:27 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Music - Indigenous Toys and Games(Boy) Manipur | Regional | 12:37 AM 03:37 AM 06:38 AM 09:38 AM 12:39 PM 03:39 PM 06:39 PM 09:40 PM |

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| विज्ञान | विज्ञान: पाठ-12: विद्युत- 1 | Hindi | 12:39 AM 03:40 AM 06:40 AM 09:41 AM 12:41 PM 03:42 PM 06:42 PM 09:43 PM |
| सामान्य | मंदिरों की माला भुवनेश्वर | Hindi | 01:08 AM 04:08 AM 07:09 AM 10:09 AM 01:10 PM 04:10 PM 07:11 PM 10:11 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:28 AM 04:29 AM 07:29 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:32 PM |
| Cultural Heritage: Art, Music & Dance | Understanding Our Architectural Heritage (Bibi ka Maqbara) | English | 01:54 AM 04:54 AM 07:55 AM 10:55 AM 01:56 PM 04:56 PM 07:57 PM 10:57 PM |
| Mathematics | Maths: Chap 12: Area related to Circles-2 | English | 02:08 AM 05:08 AM 08:09 AM 11:09 AM 02:10 PM 05:10 PM 08:11 PM 11:11 PM |
| General English | Episode 9 Agreeing 1 | English | 02:28 AM 05:28 AM 08:29 AM 11:29 AM 02:30 PM 05:30 PM 08:31 PM 11:31 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3 | English | 02:39 AM 05:40 AM 08:40 AM 11:40 AM 02:41 PM 05:41 PM 08:42 PM 11:42 PM |
| बुधवार, 20 सितंबर 2023 Wednesday, 20 September 2023 | | | |



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| हिंदी | हिंदी : पाठ-16: यतींद्र मिश्र: नौबतखाने में इबादत-3 | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| General English | Episode 10 Agreeing 2 | English | 12:30 AM 03:31 AM 06:32 AM 09:32 AM 12:33 PM 03:34 PM 06:34 PM 09:35 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2 | Hindi | 12:46 AM 03:47 AM 06:48 AM 09:48 AM 12:49 PM 03:49 PM 06:50 PM 09:51 PM |
| Health, Physical Education/Yoga/ Sports | Javelin Bhag-01 (Javelin Throw) | Hindi | 01:11 AM 04:12 AM 07:12 AM 10:13 AM 01:13 PM 04:14 PM 07:15 PM 10:15 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-4 | Hindi | 01:28 AM 04:29 AM 07:30 AM 10:30 AM 01:31 PM 04:32 PM 07:32 PM 10:33 PM |
| General(Science) | Jumping disc | English | 01:53 AM 04:54 AM 07:54 AM 10:55 AM 01:55 PM 04:56 PM 07:57 PM 10:57 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:54 AM 04:55 AM 07:56 AM 10:56 AM 01:57 PM 04:58 PM 07:58 PM 10:59 PM |



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| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Music – Instrumental Competition: Girls: Sikkim | Regional | 02:20 AM 05:21 AM 08:21 AM 11:22 AM 02:22 PM 05:23 PM 08:24 PM 11:24 PM |
| Social Science (History) | So. Sci. (His):Chp 5: Print Culture and the Modern World-2 | English | 02:23 AM 05:24 AM 08:24 AM 11:25 AM 02:25 PM 05:26 PM 08:27 PM 11:27 PM |
| General | Single Use Plastic | हिन्दी | 02:47 AM 05:48 AM 08:49 AM 11:49 AM 02:50 PM 05:51 PM 08:51 PM 11:52 PM |
| Science | Chapter 12: Electricity-1 | English | 02:49 AM 05:50 AM 08:50 AM 11:51 AM 02:52 PM 05:52 PM 08:53 PM 11:54 PM |
| बृहस्पतिवार, 21 सितंबर 2023 Thursday, 21 September 2023 | | | |
| हिंदी | हिंदी : पाठ-16: यतींद्र मिश्र: नौबतखाने में इबादत-1 | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Music – Instrumental Competition: Girls: Odisha | Regional | 12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:31 PM 03:31 PM 06:32 PM 09:33 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2 | Hindi | 12:36 AM 03:36 AM 06:37 AM 09:37 AM 12:38 PM 03:39 PM 06:39 PM 09:40 PM |



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| सामान्य | MOTHER EARTH Prakriti Hindi | हिन्दी | 01:00 AM 04:01 AM 07:01 AM 10:02 AM 01:03 PM 04:03 PM 07:04 PM 10:04 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-4 | Hindi | 01:02 AM 04:03 AM 07:03 AM 10:04 AM 01:05 PM 04:05 PM 07:06 PM 10:06 PM |
| General English | Episode 12 Disagreeing 1 | English | 01:27 AM 04:27 AM 07:28 AM 10:29 AM 01:29 PM 04:30 PM 07:30 PM 10:31 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:41 AM 04:41 AM 07:42 AM 10:42 AM 01:43 PM 04:43 PM 07:44 PM 10:45 PM |
| General | स्वस्थ बढ़ना | Hindi | 02:06 AM 05:07 AM 08:07 AM 11:08 AM 02:08 PM 05:09 PM 08:10 PM 11:10 PM |
| Social Science (History) | So. Sci. (His):Chp 5: Print Culture and the Modern World-2 | English | 02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:15 PM |
| General English | Episode 11 Agreeing 3 | English | 02:35 AM 05:35 AM 08:36 AM 11:37 AM 02:37 PM 05:38 PM 08:38 PM 11:39 PM |
| Science | Chapter 12: Electricity-2 | English | 02:45 AM 05:46 AM 08:46 AM 11:47 AM 02:47 |



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| शुक्रवार, 22 सितंबर 2023 Friday, 22 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 3 | Sanskrit | 12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Music - Indigenous Toys and Games(Boy) Manipur | Regional | 12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2 | Hindi | 12:30 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2019 Music - Instrumental Competition: Boys: Jharkhand | Regional | 12:47 AM 03:47 AM 06:47 AM 09:47 AM 12:47 PM 03:47 PM 06:48 PM 09:48 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-4 | Hindi | 12:51 AM 03:51 AM 06:51 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:52 PM |
| General English | Episode 12 Disagreeing 1 | English | 01:16 AM 04:16 AM 07:16 AM 10:16 AM 01:16 PM 04:16 PM 07:16 PM 10:16 PM |
| Social Science (Geography) | So. Sci. (Geo): Chp 4: Agriculture -2 | English | 01:29 AM 04:30 AM 07:30 AM 10:30 AM 01:30 PM |



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| | | | 04:30 PM 07:30 PM 10:30 PM |
| Cultural Heritage: Art, Music & Dance | Bharatanatyam- Drshti & Greeva | Hindi | 01:46 AM 04:46 AM 07:46 AM 10:46 AM 01:47 PM 04:47 PM 07:47 PM 10:47 PM |
| Mathematics | Maths: Chap 12: Area related to Circles-3 | English | 02:09 AM 05:09 AM 08:09 AM 11:09 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM |
| Cultural Heritage: Art, Music & Dance | Bharatnatyam, Ardhchandra | Hindi | 02:29 AM 05:29 AM 08:29 AM 11:29 AM 02:29 PM 05:29 PM 08:29 PM 11:29 PM |
| Science | Chapter 12: Electricity-3 | English | 02:43 AM 05:43 AM 08:43 AM 11:43 AM 02:43 PM 05:43 PM 08:43 PM 11:44 PM |
| शनिवार, 23 सितंबर 2023 Saturday, 23 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 3 | Sanskrit | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM |
| Cultural Heritage: Art, Music & Dance | Art - A Brain Developer | Regional | 12:28 AM 03:28 AM 06:29 AM 09:30 AM 12:31 PM 03:31 PM 06:32 PM 09:33 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-4: जाति; धर्म और लैंगिक मसले -2 | Hindi | 12:53 AM 03:54 AM 06:55 AM 09:55 AM 12:56 PM |

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| | | | 03:57 PM 06:58 PM 09:58 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल-4 | Hindi | 01:16 AM 04:16 AM 07:17 AM 10:18 AM 01:18 PM 04:19 PM 07:20 PM 10:21 PM |
| General English | Episode 13 Disagreeing 2 | English | 01:40 AM 04:41 AM 07:41 AM 10:42 AM 01:43 PM 04:44 PM 07:44 PM 10:45 PM |
| Social Science (Geography) | So. Sci. (Geo): Chp 4: Agriculture -2 | English | 01:55 AM 04:55 AM 07:56 AM 10:57 AM 01:58 PM 04:58 PM 07:59 PM 11:00 PM |
| Mathematics | Maths: Chap 12: Area related to Circles-3 | English | 02:18 AM 05:19 AM 08:20 AM 11:20 AM 02:21 PM 05:22 PM 08:22 PM 11:23 PM |
| General | Story of Theatre – Basics of Theatre | English | 02:38 AM 05:39 AM 08:40 AM 11:40 AM 02:41 PM 05:42 PM 08:42 PM 11:43 PM |
| Science | Chapter 12: Electricity-4 | English | 02:45 AM 05:46 AM 08:47 AM 11:48 AM 02:48 PM 05:49 PM 08:50 PM 11:50 PM |
| रविवार, 24 सितंबर 2023 Sunday, 24 September 2023 | | | |
| Language (Urdu) | Urdu: Chp-2: Naya Qanun | Urdu | 12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 AM |



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| | | | PM 03:02 PM 06:02 PM 09:02 PM |
| General | हिंसा और चोटों के खिलाफ सुरक्षा | Hindi | 12:34 AM 03:34 AM 06:34 AM 09:35 AM 12:35 PM 03:36 PM 06:36 PM 09:36 PM |
| सामाजिक विज्ञान (अर्थशास्त्र) | सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार | Hindi | 12:39 AM 03:40 AM 06:40 AM 09:41 AM 12:41 PM 03:41 PM 06:42 PM 09:42 PM |
| विज्ञान | विज्ञान: पाठ-12: विद्युत- 1 | Hindi | 01:15 AM 04:15 AM 07:15 AM 10:16 AM 01:16 PM 04:17 PM 07:17 PM 10:17 PM |
| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 01:43 AM 04:44 AM 07:44 AM 10:44 AM 01:45 PM 04:45 PM 07:46 PM 10:46 PM |
| Social Science (Economics) | S.Sc (Eco): Chp 5: Consumer Rights | English | 02:12 AM 05:12 AM 08:13 AM 11:13 AM 02:13 PM 05:14 PM 08:14 PM 11:15 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Dance Competition: –Dance Folk(Girl) : Maharashtra | Regional | 02:34 AM 05:35 AM 08:35 AM 11:36 AM 02:36 PM 05:36 PM 08:37 PM 11:37 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste | English | 02:38 AM 05:39 AM 08:39 AM 11:40 AM 02:40 PM 05:40 PM 08:41 PM 11:41 PM |

सोमवार, 25 सितंबर 2023

Monday, 25 September 2023

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| हिंदी | हिंदी : पाठ-16: यतींद्र मिश्र: नौबतखाने में इबादत-2 | Hindi | 12:00 AM 04:08 AM 08:16 AM 12:24 PM 04:32 PM 08:40 PM |
| Health, Physical Education/Yoga/Sports | Kabaddi | Hindi | 01:29 AM 05:37 AM 09:45 AM 01:53 PM 06:01 PM 10:09 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1 | Hindi | 01:53 AM 06:01 AM 10:09 AM 02:18 PM 06:26 PM 10:34 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2022 Dance Competition:Dance Folk(Boy) : Tamil Nadu | Regional | 02:15 AM 06:23 AM 10:31 AM 02:39 PM 06:47 PM 10:55 PM |
| विज्ञान | पाठ-12: विद्युत- 2 | हिन्दी | 02:21 AM 06:29 AM 10:37 AM 02:45 PM 06:53 PM 11:01 PM |
| Health, Physical Education/Yoga/Sports | Daud | Hindi | 02:37 AM 06:45 AM 10:53 AM 03:01 PM 07:09 PM 11:18 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 02:57 AM 07:05 AM 11:14 AM 03:22 PM 07:30 PM 11:38 PM |
| Cyber Security | Id Theft for children | Hindi | 03:23 AM 07:31 AM 11:39 AM 03:47 PM 07:55 PM |
| Mathematics | Maths: Chap 12: Area related to Circles-4 | English | 03:24 AM 07:32 AM 11:40 AM 03:49 PM 07:57 PM |
| Cyber Security | Internet Ethics | English | 03:43 AM 07:51 AM 12:00 PM 04:08 PM 08:16 PM |



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| Social Science (Political Science) | S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste | English | 03:46 AM 07:54 AM 12:02 PM 04:11 PM 08:19 PM |
| मंगलवार, 26 सितंबर 2023 Tuesday, 26 September 2023 | | | |
| हिंदी | हिंदी : पाठ-6:अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM |
| Cultural Heritage: Art, Music & Dance | Folk Dance - Assam | Regional | 12:23 AM 03:23 AM 06:24 AM 09:25 AM 12:26 PM 03:27 PM 06:27 PM 09:28 PM |
| सामाजिक विज्ञान (भूगोल) | सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2 | Hindi | 12:32 AM 03:33 AM 06:34 AM 09:35 AM 12:36 PM 03:36 PM 06:37 PM 09:38 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Music - Indigenous Toys and Games(Boy) :Tamil Nadu | Regional | 12:56 AM 03:57 AM 06:57 AM 09:58 AM 12:59 PM 04:00 PM 07:00 PM 10:01 PM |
| विज्ञान | पाठ-12: विद्युत- 2 | हिन्दी | 12:59 AM 04:00 AM 07:01 AM 10:02 AM 01:03 PM 04:03 PM 07:04 PM 10:05 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:16 AM 04:16 AM 07:17 AM 10:18 AM 01:19 PM 04:19 PM 07:20 PM 10:21 PM |



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| General | Growing up Healthy | English | 01:41 AM 04:42 AM 07:43 AM 10:43 AM 01:44 PM 04:45 PM 07:46 PM 10:47 PM |
| Mathematics | Maths: Chap 12: Area related to Circles-4 | English | 01:45 AM 04:46 AM 07:47 AM 10:48 AM 01:48 PM 04:49 PM 07:50 PM 10:51 PM |
| Cultural Heritage: Art, Music & Dance | Swang: Gopi-Uddhav Samvaad | Hindi | 02:05 AM 05:05 AM 08:06 AM 11:07 AM 02:08 PM 05:08 PM 08:09 PM 11:10 PM |
| Social Science (Political Science) | S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste | English | 02:39 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:43 PM 08:43 PM 11:44 PM |
| बुधवार, 27 सितंबर 2023 Wednesday, 27 September 2023 | | | |
| हिंदी | हिंदी : पाठ-6:अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञान.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया | Hindi | 12:41 AM 03:41 AM 06:42 AM 09:42 AM 12:43 PM 03:43 PM 06:44 PM 09:44 PM |
| Cold Wave | Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें | Hindi | 01:07 AM 04:07 AM 07:08 AM 10:08 AM 01:09 PM 04:09 PM 07:10 PM 10:10 PM |

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| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल | Hindi | 01:08 AM 04:08 AM 07:09 AM 10:09 AM 01:10 PM 04:10 PM 07:11 PM 10:11 PM |
| Earthquake | Earthquake - Drop, Cover, Hold technique | English | 01:30 AM 04:30 AM 07:31 AM 10:31 AM 01:32 PM 04:32 PM 07:33 PM 10:33 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:33 PM 04:34 PM 07:34 PM 10:35 PM |
| General(Science) | Colour Shadow | English | 01:57 AM 04:57 AM 07:58 AM 10:58 AM 01:59 PM 04:59 PM 08:00 PM 11:00 PM |
| Social Science (History) | So. Sci. (His): Chp 5: Print Culture and the Modern World | English | 01:59 AM 04:59 AM 08:00 AM 11:00 AM 02:01 PM 05:01 PM 08:02 PM 11:02 PM |
| General | Single Use Plastic | हिन्दी | 02:25 AM 05:25 AM 08:26 AM 11:26 AM 02:27 PM 05:27 PM 08:28 PM 11:28 PM |
| Science | Science: Chap 12: Electricity | English | 02:27 AM 05:27 AM 08:28 AM 11:28 AM 02:29 PM 05:29 PM 08:30 PM 11:30 PM |
| बृहस्पतिवार, 28 सितंबर 2023 Thursday, 28 September 2023 | | | |



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| हिंदी | हिंदी : पाठ-6:अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाज़ली | Hindi | 12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM |
| सामाजिक विज्ञान (इतिहास) | सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया | Hindi | 12:25 AM 03:26 AM 06:27 AM 09:27 AM 12:28 PM 03:29 PM 06:29 PM 09:30 PM |
| सामान्य | ध्यान | हिन्दी | 12:51 AM 03:52 AM 06:53 AM 09:53 AM 12:54 PM 03:55 PM 06:55 PM 09:56 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल | Hindi | 12:55 AM 03:56 AM 06:57 AM 09:57 AM 12:58 PM 03:59 PM 06:59 PM 10:00 PM |
| Language (English) | English: Chap 10: The Book that Saved the Earth | English | 01:22 AM 04:23 AM 07:23 AM 10:24 AM 01:25 PM 04:25 PM 07:26 PM 10:26 PM |
| सामान्य | उष्ट्रासन | हिन्दी | 01:47 AM 04:48 AM 07:49 AM 10:49 AM 01:50 PM 04:51 PM 07:51 PM 10:52 PM |
| Social Science (History) | So. Sci. (His): Chp 5: Print Culture and the Modern World | English | 01:50 AM 04:51 AM 07:52 AM 10:52 AM 01:53 PM 04:54 PM 07:54 PM 10:55 PM |



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| Cultural Heritage: Art, Music & Dance | Didi Nirmala | English | 02:16 AM 05:17 AM 08:18 AM 11:18 AM 02:19 PM 05:20 PM 08:20 PM 11:21 PM |
| Science | Science: Chap 12: Equivalent Resistance of Resistors in Parallel | English | 02:45 AM 05:46 AM 08:46 AM 11:47 AM 02:48 PM 05:48 PM 08:49 PM 11:50 PM |
| Science | Science: Chap 12: Equivalent Resistance of Resistors in series | English | 02:49 AM 05:49 AM 08:50 AM 11:51 AM 02:51 PM 05:52 PM 08:53 PM 11:53 PM |
| Science | Science: Chap 12: Ohm's Law | English | 02:53 AM 05:53 AM 08:54 AM 11:54 AM 02:55 PM 05:56 PM 08:56 PM 11:57 PM |
| शुक्रवार, 29 सितंबर 2023 Friday, 29 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 3 | Sanskrit | 12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Music - Indigenous Toys and Games(Boy) Manipur | Regional | 12:28 AM 03:28 AM 06:28 AM 09:27 AM 12:27 PM 03:27 PM 06:27 PM 09:27 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा. (राजनीति विज्ञान): पाठ-4: जाति; धर्म और लैंगिक मसले | Hindi | 12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:30 PM 09:30 PM |



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| सामान्य | सीखने की राह पर | Hindi | 12:53 AM 03:53 AM 06:53 AM 09:53 AM 12:53 PM 03:53 PM 06:53 PM 09:53 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल | Hindi | 01:17 AM 04:17 AM 07:17 AM 10:17 AM 01:16 PM 04:16 PM 07:16 PM 10:16 PM |
| General English | Episode 12 Disagreeing 1 | English | 01:39 AM 04:39 AM 07:39 AM 10:39 AM 01:39 PM 04:39 PM 07:38 PM 10:38 PM |
| Social Science (Geography) | So. Sci. (Geo): Chp 4: Agriculture -1 | English | 01:53 AM 04:53 AM 07:53 AM 10:53 AM 01:52 PM 04:52 PM 07:52 PM 10:52 PM |
| General | MOTHER EARTH Prakriti English | English | 02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:12 PM 11:12 PM |
| Mathematics | Maths: Chap 12: Area related to Circles | English | 02:15 AM 05:15 AM 08:15 AM 11:15 AM 02:15 PM 05:15 PM 08:14 PM 11:14 PM |
| General (Science) | Colour Shadow | English | 02:41 AM 05:41 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM |



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| Science | Science: Chap 12: Equivalent Resistance of Resistors in Parallel | English | 02:43 AM 05:43 AM 08:43 AM 11:43 AM 02:43 PM 05:43 PM 08:43 PM 11:43 PM |
| Science | Science: Chap 12: Equivalent Resistance of Resistors in series | English | 02:49 AM 05:49 AM 08:49 AM 11:48 AM 02:48 PM 05:48 PM 08:48 PM 11:48 PM |
| शनिवार, 30 सितंबर 2023 Saturday, 30 September 2023 | | | |
| संस्कृत | संस्कृत : पाठ - 12: अनयोक्त्यः 3 | Sanskrit | 12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM |
| Cultural Heritage: Art, Music & Dance | Kala Utsav – 2019 Dance Competition: Boys Navodaya Vidyalaya | Regional | 12:28 AM 03:28 AM 06:29 AM 09:30 AM 12:30 PM 03:31 PM 06:32 PM 09:32 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान) | सा.विज्ञा. (राजनीति विज्ञान): पाठ-4: जाति; धर्म और लैंगिक मसले | Hindi | 12:34 AM 03:35 AM 06:36 AM 09:36 AM 12:37 PM 03:38 PM 06:38 PM 09:39 PM |
| गणित | गणित: पाठ-12: वृत्तों से संबंधित क्षेत्रफल | Hindi | 01:03 AM 04:03 AM 07:04 AM 10:05 AM 01:05 PM 04:06 PM 07:07 PM 10:07 PM |
| General English | Episode 13 Disagreeing 2 | English | 01:25 AM 04:26 AM 07:26 AM 10:27 AM 01:28 PM 04:28 PM 07:29 PM 10:30 PM |



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| Social Science (Geography) | So. Sci. (Geo): Chp 4: Agriculture -2 | English | 01:40 AM 04:40 AM 07:41 AM 10:42 AM 01:42 PM 04:43 PM 07:44 PM 10:44 PM |
| Mathematics | Maths: Chap 12: Area related to Circles | English | 02:07 AM 05:08 AM 08:09 AM 11:09 AM 02:10 PM 05:11 PM 08:11 PM 11:12 PM |
| General | इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना | Hindi | 02:34 AM 05:34 AM 08:35 AM 11:36 AM 02:36 PM 05:37 PM 08:38 PM 11:38 PM |
| Science | Science: Paper Static | English | 02:40 AM 05:40 AM 08:41 AM 11:42 AM 02:42 PM 05:43 PM 08:44 PM 11:44 PM |
| Science | Science: Circuit Component | English | 02:41 AM 05:42 AM 08:42 AM 11:43 AM 02:44 PM 05:44 PM 08:45 PM 11:46 PM |

